



**NAJPIERW
MIESZKANIE**



(Housing First) Values

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since 2020

Introduction

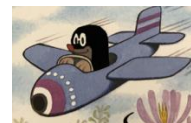
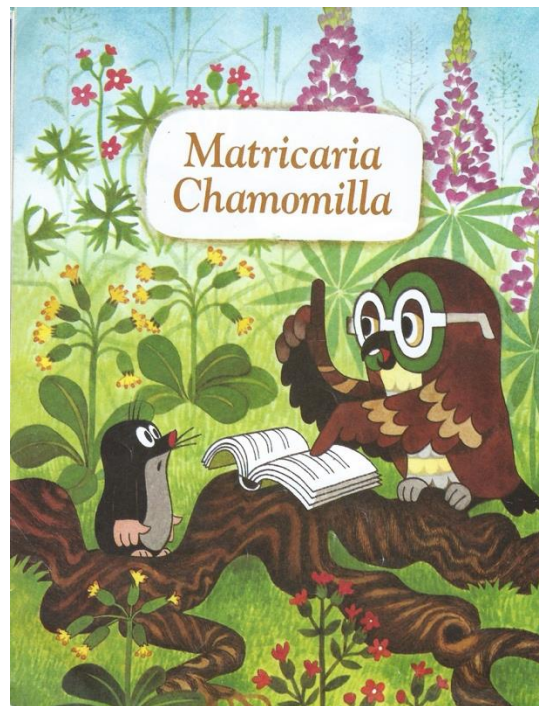
- International research proves that Housing First works with no doubt:
 - Advanced research, big data, success stories
 - Portavita's achievements here and Platforma for Socialni Bydleni in Czechia
- But do people believe in Housing First?
 - Local activists - do not believe it is doable on bigger scale
 - Advocacy promotes supported apartments and „deinstitutionalisation”
 - HF Fidelity Scale adapter to „local contexts”
 - Local innovations – activists are driven to implement THEIR ideas.
 - Other models eg. Integrated Health and Social Services Model, Streetwork PL.

- We hear on international forums (HFE Hub Dublin Conference 2024):
 - Mike Allen: „Ireland has the best National HF Program and the worst homelessness cises”
 - Sam Tsemberis: „HF is a freaking program and if it is not a program it is not HF”
 - Juha Kaakinen: „It has to be a paradigm” and
 - Saija Turunen: „I wish we never called it HF in Finland” (Cork, 2025).



- We all speak from **EXPERIENCE**:
 - On one side HF has to be a program and follow the Fidelity Scale – it is effective on individual level
 - On the other, for it have a power of changing people's lifes and **ending homelessness on societal level** we need different angle.

Ending Homelessness v češtině

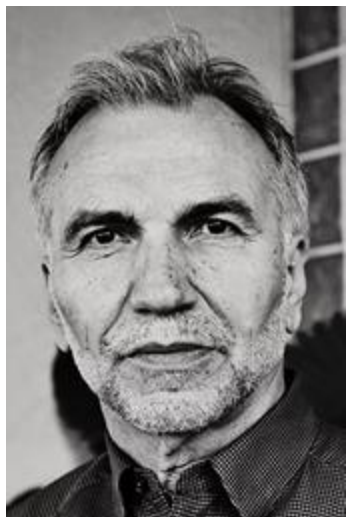




Matricaria Chamomilla might grow in front of our doors!

Housing First Values approach

It is not nothing new – all HF models are value/principle based:









Housing enables independent lives

Respect of choice

Rehabilitation and empowerment of the resident

Integration into the community and society



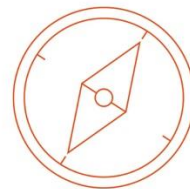
					
Relationship	Housing	Decisions	Recovery	Support	Community
Safe space for support worker and the customer to express themselves and receive each others reactions; it is to model good behaviours.	The right to an apartment/home which is independent, private and long term without any preliminary conditions concerning health, treatment, employment or 'readiness'.	The right to take one's own decisions concerning one's life and goals, without them being suggested or enforced by support workers, without anticipation of their appearance, making sure that they develop one's agency	The right to full physical, mental and social wellbeing with appreciation for each step towards better health and the fact that full health, such as abstinence from substances, is a goal rather than a means.	Access to individualised, multidisciplinary and continuous support relevant to health diagnosis and goals eg. personal assistance, trauma informed care, psychiatric and mental health services, general health services.	The right to be treated as a member of the local community regardless of the kind of housing situation or right to housing in a 'social mix' with full access to services available for all members of the community (deinstitutionalisation).



Value “Relationship”

Safe relationship between person in crisis and professional support worker as a space where both sides can give and take feedback on how they are/feel in order to model pro-housing/pro-life decisions and behaviours.

- Reducing „Giving and gratitude” mechanism
- Support as a right
- We are not a family





Value “Housing as a right”

- What is home? – presentation on EOH RC 2024
- Where do you feel at home?
- What makes people sure that their housing is their right?
- What kinds of contracts are available in societies?
- Being able to pay for housing – minimal income





Value “choice/decisions”

- **The most difficult and transforming in my environment**
- Active facilitation of Participant's decision making
- Waiting for the Participant to verbalise his/her goals
- “No-overtaking” of the goals
- Withdrawing from suggesting alternatives unless being asked
- Concentration on agency rather than result
- Surprising for the Customers and professionals



The Ambivalence Program – HF Value Based



- Since 2021
- 25 participants from the beginning, now 15, 10 do not need us anymore
- Only for Customers who are already housed in municipal housing or awaiting to be housed.
- Financial support for rent – housing as a right once people are Participants
- Specialist Team 24/7 of 5 people: psychologists, therapists, motivational interviewer
- Facilitated access to mainstream public services for all Participants
- Budget for commercial health services if access to public services is blocked.
- All Participants stay housed.
- **Far from fidelity in program organization, strong fidelity in interactions**

For what?

- Single Values are understandable and seem doable
- Implementation of single HF value does not end homelessness
- But it is considered applicable and motivating for all stakeholders: streetwork, shelters, nightshelters (our campaign), supported apartments, prevention
- To do more, be inspired, create local models!
- So that we will end up with HF as a paradigm
- and End Homelessness!



Děkuju!

- Housingfirst.pl
- fundacja@najpierwmieszkanie.org.pl
- Pictures are scans from this book:

